

All Of Dance LineDance

Stand On It

Choreographer: Susanne Mose Nielsen DK (Aug. 2007)

Description: **64 count, 4 wall, improver**

Music: **Stand On It** by Mel McDaniel album: Hit List. BPM 120

1. Section:

VINE RIGHT, 1/4 TURN RIGHT VINE LEFT, CROSS STEP, POINT LEFT

- 1 - 3 Step right to right side, step left behind across right, step right to right
4 - 6 Turn ¼ right and step left to left, step right behind across left, step left to left
7 - 8 Cross right over left, point left to left side

2. Section:

STEP BACK, SWEEP X 4

- 9 - 12 Step back on left, sweep right backwards, step back on right, sweep left backwards
13 - 16 Step back on left, sweep right backwards, step back on right, sweep left backwards

3. Section:

SLOW BACK COASTER STEP LEFT, HOLD, PIVOT ½ TURN LEFT, STEP FORWARD, HOLD

- 17 - 20 Step back on left, step right next to left, step forward on left, hold
21 - 24 Step forward on right, pivot ½ turn left, step forward on right, hold

4. Section:

FULL TURN RIGHT, HOLD, TOE STRUT RIGHT, LEFT

- 25 - 28 Full turn right forward stepping left, right, left, hold
29 - 32 Step forward on right toe, drop right heel, step forward on left toe, drop left heel

5. Section:

VINE RIGHT, SWIVET RIGHT, LEFT

- 33 - 36 Step right to right, step left behind across right, step right to right, touch left
37 - 38 Swivet toes to right (weight on left toe and right heel), swivet to center
39 - 40 Swivet toes to left (weight on left heel, and right toe), swivet to center

6. Section: VINE LEFT, SWIVET RIGHT, LEFT

- 41 - 44 Step left to left, step right behind across left, step left to left, step right next to left
45 - 46 Swivet toes to right (weight on left toe and right heel), swivet to center
47 - 48 Swivet toes to left (weight on left heel, and right toe), swivet to center

7. Section:

PADDEL 1/8 X 4

- 49 - 56 Step forward on right, move left foot on the spot 1/8 left x4 (½ turn)

8. Section:

ROCKING CHAIR, TOE STRUT RIGHT, LEFT

- 57 - 60 Step forward on right, recover on left, step back on right, recover on left
61 - 64 Step forward on right toe, drop right heel, step forward on left toe, drop left heel

TAG:

After 4 walls – (facing 12 o'clock) dance
Section 4 & 5 (Vine right, swivet right, left - vine left, swivet right, left)

Ending:

During 7. Wall – dance Section: 1. - 2. - 3. Then turn right ¾ - Arms up.

HAVE FUN !